

# CATARACT SURGERY MEDICATION INSTRUCTIONS

You will need to use eye drops in the operated eye for four weeks following your cataract surgery. For complete instructions please refer to the handout in your surgical packet or call the office for further instructions.

- Wash your hands well before instilling eye drops.
- You may use the medications in any order.
- O DO NOT RUB YOUR EYE.
- Wait 5 minutes between using each drop, closing your eye to allow the medication to absorb. Bring all your drops with you to all your post-op visits.
- o You may shower and bathe as usual but do NOT splash water in your face.
- o Avoid unclean water such as pools, whirlpools, lakes, oceans.
- Avoid dusty or dirty situations (such as garden or yard work).
- Light exercise the first week is OK but do not do any heavy lifting or bending
- Call the office immediately if you experience increasing pain, red, angry eye and/or a significant decrease in vision.

### 3 DAYS BEFORE YOUR SURGERY - START YOUR NSAID ONLY

- Use the Nsaid eye drops in your operative eye:
  - Bromsite or Prolensa = 1 drop, once a day
  - o Or generic Diclofenac or ketorolac= 1 drop, 4 times a day

### **DAY OF SURGERY**

- After surgery, remove the eye patch 4 hours after your procedure and begin using all three eye
  drops (the Nsaid, Steroid and Antibiotic) as directed on your discharge paperwork.
  - O Nsaid- Prolensa or Bromsite (Generic is Diclofenac or Ketorolac)
  - Steriod- Durezol or Inveltys (Generic is Prednisolone)
  - Antibiotic- Besivance (Generic is Ofloxacin or Polytrim)

### **DAY 1 AFTER SURGERY** - Bring all your drops with you to all your post-op visits.

- Use all three eye drops in the morning before your post op visit as directed.
  - Nsaid- Prolensa or Bromsite (Generic is Diclofenac or Ketorolac)
  - Steriod- Durezol or Inveltys (Generic is Prednisolone)
  - o Antibiotic- Besivance (Generic is Ofloxacin or Polytrim).

# DAY 1 -14 AFTER SURGERY - Bring all your drops with you to all your post-op visits.

- Use all three eye drops in the affected eye as directed in your surgical packet.
  - o **Nsaid- Prolensa or Bromsite** (Generic is Diclofenac or Ketorolac)
  - Steriod- Durezol or Inveltys (Generic is Prednisolone)
  - Antibiotic- Besivance (Generic is Ofloxacin or Polytrim)

## **DAY 14-28 AFTER SURGERY**

- **STOP** using the **Antibiotic-Besivance**(or generic Ofloxacin or Polytrim).
  - Continue using the Nsaid- Prolensa or Bromsite (Generic is Diclofenac or Ketorolac) as directed in your surgical packet
  - Continue using the Steriod- Durezol or Inveltys (Generic is Prednisolone) as directed in your surgical packet.